

DENTISTRY FOR NORTHERN MICHIGAN, PLLC

Paul G. Sternhagen, DDS, FAGD, FDOC

Patient Name: _____

Date: _____

Smile Checklist

- Y N Are you happy with your smile?
- Y N What would you change about your smile if you could?
- Y N Do you cover your mouth when you smile?
- Y N Do you wish your teeth were straighter?
- Y N Do you wish your teeth were whiter?
- Y N Do you brush your teeth daily? How many times? _____
- Y N Do you use dental floss daily?
- Y N Do you use any mouth rinses? If so, what kind? _____

Facial Pain History

- Y N Do you have pain in the face, neck or shoulders?
- Y N Do you have recurring tooth pain or sensitivity?
- Y N Do you have ringing, fullness, or pain in your ears?
- Y N Do you have difficulty opening your mouth or does your jaw get "stuck" or locked?
- Y N Do your jaw joints create noises?
- Y N Do you have difficulty or pain with chewing, talking, or yawning?
- Y N Do you have arthritis?
- Y N Have you had any previous treatment for your jaw joint problem?
If so, when and by whom? _____
- Y N Do you have difficulty swallowing?

Family, Cosmetic, Restorative, Oral Surgery, Implant, TMJ Disorders, and Sedation Dentistry

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Don't Wait Until It Hurts

Periodontal disease is painless. It affects 87% of the population, and often victims are unaware. There are warning signs, and the American Dental Association and our Staff want you to be aware:

- | | | |
|---|---|--|
| Y | N | Do your gums bleed when you brush your teeth or toothpick between them? |
| Y | N | Are your gums red, swollen, or tender? |
| Y | N | Are your gums pulling away from your teeth? |
| Y | N | Do you see pus between your teeth and your gums when the gums are pressed? |
| Y | N | Are your permanent teeth loose or separating? |
| Y | N | Is there any change in the way your teeth fit together when you bite? |
| Y | N | Is there any change in the fit of your partial denture? |
| Y | N | Do you have bad breath? |

If the answer is yes to any of these questions, you owe it to yourself to bring it to the attention of your dentist or hygienist. Act now and keep your teeth for a lifetime.

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